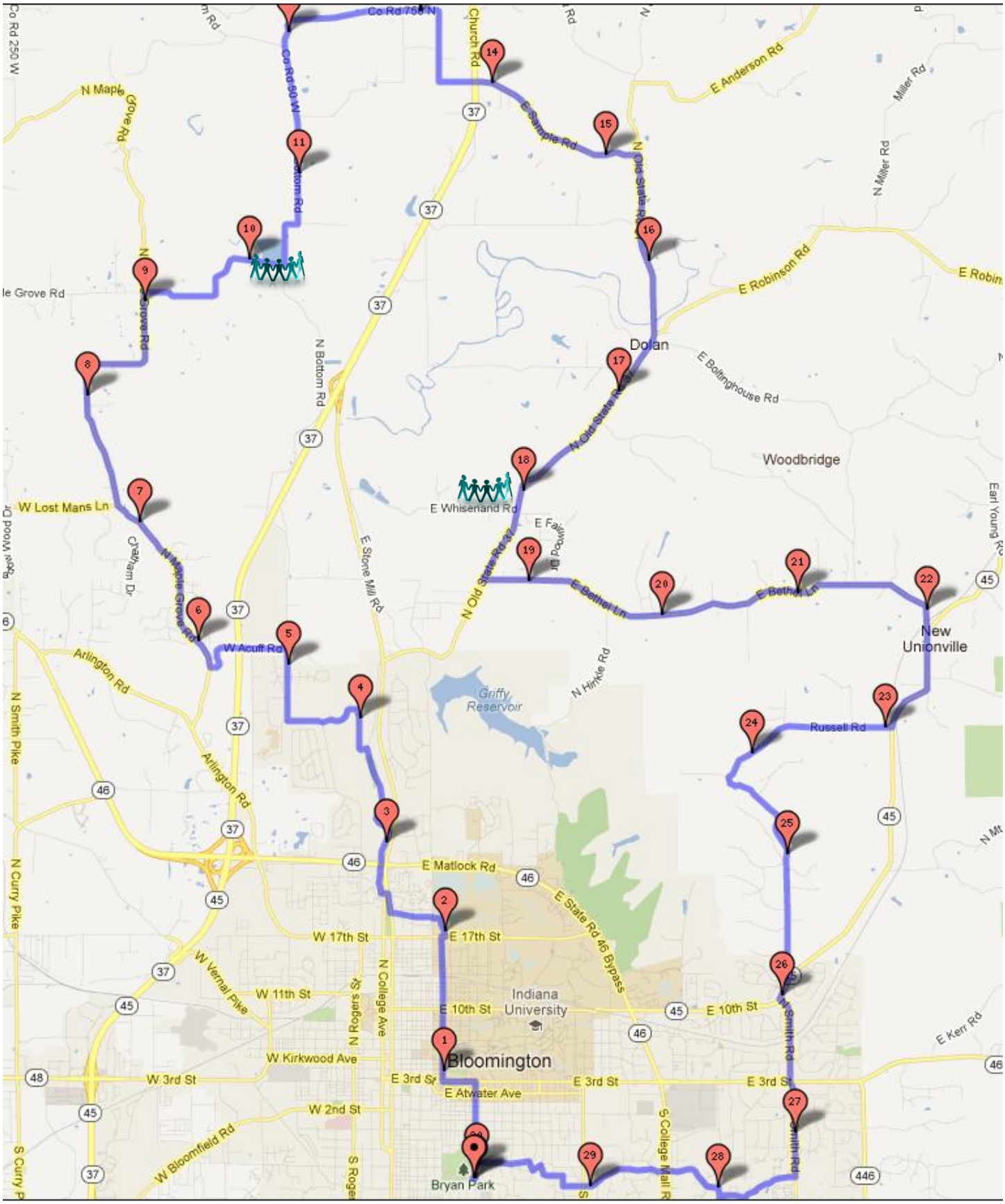Maple-Russell Workout 30 miles http://www.gmap-pedometer.com/?r=4237082